



THE MILL WHEEL

UNITE
FOR
GOOD

Rotary Club of Mill Valley
Founded June 7, 1926 • Club # 393
March 17, 2026 • Volume 99, Issue #34
<http://millvalleyrotary.org>
District Website: www.rotary5150.org
Rotary International: www.rotary.org



★ GREETER

❖ Welcoming guests and members to today's meeting was **Michelle Terrell**. Her Thoughts for the Day: *Human kindness has never weakened the stamina or softened the fiber of a free people. A nation does not have to be cruel to be tough—Franklin D. Roosevelt: and, You cannot do a kindness too soon for you never know how soon it will be too late—Ralph Waldo Emerson.*

★ PRESIDER

❖ President **Kim Jessup** on duty.



► Greeter Michelle Terrell poses with PP Ed Marshall and Robin Keller. (Photo by Tom)

The Four-Way Test

Is it the TRUTH?

Is it FAIR to all concerned?

Will it build GOODWILL and BETTER FRIENDSHIPS?

Will it be BENEFICIAL to all concerned?



★ VISITORS

❖ Three today—**Charlene Kacena, Sharon Boldt and Deborah Sorondo** joined us at today's meeting.

★ CELEBRATIONS

❖ Congratulations to **Vince Howes** who marks 40 years as a member of the Rotary Club of Mill Valley this month. Vince, president of the geotechnical engineering firm Salem-Howes Associates based in Novato, joined the club on March 18, 1986.

★ GOOD TIMES

❖ PP **Ed Marshall** presented a double Good Time—after just returning from Hawaii, where he swam with the sea turtles, he joined the group visiting the Fieldworks Brewing plant in Berkeley. Put the two together and what do you get? A bell-ringer, of course!

❖ **President Kim** noted she had a definite Rotary Good Time working with the crew of Mill Valley Rotarians at Jonathan's Place last week. Photo and more details on page 3.



► Diana von Welczeck, right, with guest Deborah Sorondo. (Photo by Tom)

Rotary Club
of Mill Valley

CELEBRATING 100 YEARS OF SERVICE
TO THE COMMUNITY AND THE WORLD



★ SAVE THE DATES

❖ Save the dates! The Mountain Play is back, and the Rotary Club of Mill Valley booth will be open for business again too, reports PP **Elizabeth Suzuki**.



The Wizard of Oz will be performed June 7, 13, 14 and 21, so now's the time to save a date to work in the club booth. Elizabeth will soon be announcing booth work schedules.

★ DISTRICT ASSEMBLY

❖ The District 5150 Learning Assembly and Project Fair is scheduled for this Saturday, March 21, at Redwood High School in Larkspur. Held from 7:30 a.m. to 2:30 p.m., the event is free to all District Rotarians and features a keynote speaker, recognition of incoming club presidents, informative breakout sessions, the Project Fair during which our own **Rita Sedano-Garcia** will be manning a table detailing our Peru Project, and a



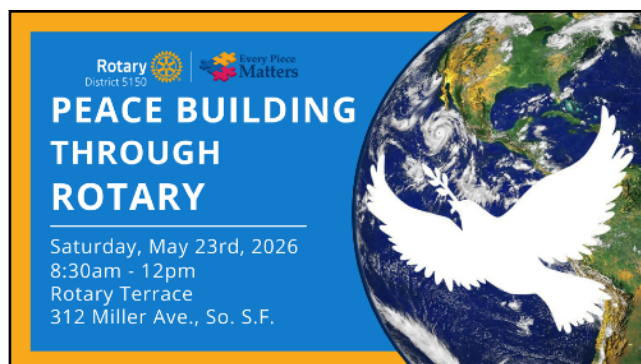
► **Mill Valley Rotarians visiting the Fieldwork Brewing plant in Berkeley on March 14 get their picture snapped during the tour. Reports are that the Mill Valley delegation enjoyed the tour, the lunch and a “very small” amount of craft beer tasting. The event sparked a bell-ringer from one member (See Good Times).**

delicious BBQ lunch. Kind of late to sign up, but details on the District website.

★ CELEBRATE 2026

❖ Registration is now open for District Celebration 2026, a one day event to be held on Saturday, May 2, at the Westin San Francisco Airport Hotel. The event celebrates the

2025-2026 Rotary year in District 5150 and will feature a festive lunch with club awards, afternoon fellowship and networking, and an evening celebration dinner recognizing outstanding clubs and district achievements. Check the District website for details and to register your attendance. This event is always fun, so sign up today.





★ ANNIVERSARY PICNIC

❖ Save the date—*Sunday, May 17!* **President Kim** guarantees that the very special 100 Year Anniversary Picnic celebration will be one you won't forget. It promises to be the biggest and best picnic in the club's history. Don't miss it!

★ HELP THE FOOD BANK

❖ **Marin Food Bank**, Saturday, March 21, 9:00 - 11:00. Call Jane Hall if you want to help.

★ SAUSALITO INVITATION

❖ Former member and Past President of the Rotary Club of Mill Valley **Jim Simkalo** has issued an invitation to attend the Rotary Club of Sausalito's April 11 Gala Fundraiser at the Spinnaker Restaurant.

Jim, now a member at RC Sausalito, noted that the club owns and operates 34 apartments reserved for low income seniors in order to assist seniors who



► Vince Howes, shown here with President Kim, was congratulated for his 40 years as a member of MV Rotary. (Photo by Tom)

HAVING FUN AT JONATHAN'S PLACE IN SAN RAFAEL



► At last Wednesday's cook-out at Jonathan's Place in San Rafael Mill Valley Rotarians prepared and served 40 meals to the residents. Never let it be said that MV Rotarians approach community projects with a scowl. At left, a jubilant Community Service co-director Jane Hall gets a kick out of whatever it is she mixed in the container she's holding. At right, John Poulson, left, and Frank Leidman approach their assignments a little more seriously. Perhaps awaiting to hear the reaction to the vittles they prepared, or maybe taking a break before the dirty dishes return?

2025-2026 TRF HONOR ROLL

◆ Foundation Co-Chairs Greg Dyer and Phil Richardson are pleased to report the following Mill Valley Rotarians have contributed to the 2025-2026 Every Rotarian Every Year (EREY) Rotary Foundation Drive. Won't you join them?

Russ Burbank
Bob Canepa
John Carmichael
Greg Dyer
Jane Hall
Howard Harker
Don Herzog
Jim Iavarone
Kim Jessup

Lew Katcher
Robin Keller
Lee Kirkpatrick
Carl Lippenberger
Ed Marshall
Mel Matsumoto
Tom McKlveen
Steve Miller
Keith Papulias

Stephanie Ricardo
Phil Richardson
Bob Roberts
Doug Scherf
Dick Spotswood
Elizabeth Suzuki
Burnett Tregoning





★ SAUSALITO INVITATION

may be forced out of their community from rising rents.

He explained that the primary building, 22 units, is in immediate need of a major plumbing replacement. Hence, the Gala.

For information and to sign up check the club's website, sausalitorotary.com. There you can contact Jim via email and presumably register to attend this special event.



★ PROGRAM

❖ Leave it to our august Program Committee. They've done it again! This time they asked the cook to substitute a spatula for a guitar with the usual crowd-pleasing results!



► In another special event, our caterer Heath and vocalist April Grisman performed. (Photo by Tom)



2025-2026

PolioPlus Society

Mill Valley

Membership Roster

(Join Today—Pledge \$100 per year to Polio Plus)

Lisán Campbell

Greg Dyer

Jim Iavarone

Kim Jessup

Ed Marshall

Stephanie Ricardo

Phil Richardson

Doug Scherf

Dick Spotswood

Michelle Terrell

Burnett Tregoning

CLUB ANNIVERSARIES

Rita Sedano-Garcia 3/2/20

Howard Harker 3/12/03

Vince Howes 3/18/86

Tom McKlveen 3/18/14

Phil Richardson 3/18/08



MARCH BIRTHDAYS

Steve Bajor 3/10

Katherine Jones 3/11

Caroline Joachim 3/15

Dick Spotswood 3/25





Next: Talking About Death Won't Kill You

April 7: Jim Van Buskirk's talk is entitled: *Talking About Death Won't Kill You*. By sharing some of the many stories Jim has heard from his personal experiences hosting Death Cafés and volunteering with Final Exit Network, he hopes attendees will be inspired to become more comfortable discussing this stigmatized topic. He spent much of his life not realizing that he was death ignorant, likely in death denial, and desperately in need of death education. He has learned that the more conversations and the more planning, the greater solace one can achieve, the deeper appreciation of life's preciousness, as well as leaving a generous gift to our grateful, grieving loved ones.



BRING A FRIEND

**POLIO JAR
2025–2026**

**GOAL:
\$1,000.00**

**TOTAL
\$ 1,081.40**

**SERVICE FUND
(GEO. HOYLE)
2025-2026**

**GOAL:
\$7,750.00**

**TOTAL
\$6,600.00**

**ROTARY
FOUNDATION
2025-2026**

**GOAL:
\$7,750.00**

**TOTAL
\$10,213.00**

ROTARY CLUB OF MILL VALLEY—OFFICERS & DIRECTORS 2025-2026

President: Kimberly Jessup
President Elect: James Iavarone
Past President: Ed Marshall
Secretary: Lisán Campbell
Treasurer: John Carmichael
Service Fund (Ex Officio): Lee Kirkpatrick
International Service: Rita Sedano-Garcia
Community Service: Jane Hall &
Joan Steidinger
Fellowship: Elizabeth Suzuki
Membership: Bernard Link
Foundation Chairs: Greg Dyer &
Phil Richardson
Public Relations: Denise Acain
Youth Service: Emily Uhlhorn
Member at Large: Michelle Terrell
Committees

FireWise: Richard Rider
Greeters: Kathleen Delehanty
Program: Bob Canepa & Elizabeth Suzuki

Website Staff
Robin Keller, Webmaster

The Mill Wheel Staff
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Reporters: Tom McKlveen; Burnett Tregoning

Today's Photographer: Tom McKlveen
Reporting Today: Burnett Tregoning

"AN AI FREE PUBLICATION"

