



THE MILL WHEEL

UNITE
FOR
GOOD

Rotary Club of Mill Valley
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<http://millvalleyrotary.org>
District Website: www.rotary5150.org
Rotary International: www.rotary.org



★ GREETER

❖ Past President **Ed Marshall** was busy making sure he greeted each and every person attending today. His Thought for the Day proved to be a philosophical short course:

By embracing Shoshin, we can overcome the tendency to become complacent or closed-minded as we gain expertise, and instead maintain a lifelong journey of learning, growth and discovery. Shoshin is a Zen Buddhist concept that translates to “beginner’s mind”. It embodies an attitude of openness, eagerness, and lack of preconceptions, even when studying a subject at an advanced level. It encourages us to approach tasks with a childlike wonder and curiosity, free from the limitations of past experiences and beliefs.

★ PRESIDER

❖ President **Kim Jessup** behind the podium.

★ VISITORS

❖ **William Ross** stopped by again today. Also attending were **Diana von Welczeck** and her mother, **Annette**, who was visiting from Southern California. Diana is a Mill Valley resident who formerly owned Galleria Tile in San Francisco.

The Four-Way Test

Is it the **TRUTH**?

Is it **FAIR** to all concerned?

Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?

Will it be **BENEFICIAL** to all concerned?



★ GOOD TIMES

❖ Congratulations to long-time Mill Valley Rotarian **Dick Spotswood**. The California News Publishers Association awarded him their First Place Award in

Division 3 (medium-sized daily newspapers) for “Producing outstanding journalism in the category of columns.” If you haven’t been checking out Dick’s IJ columns on a regular basis, this is a good time to start reading them. This was a bell-ringer!

❖ We must admit to having a difficult time recording **Dennis Kline’s** Good Time. Dennis, CEO of Boundary Solutions here in Mill Valley, reported on some important changes that would “end highly wasteful, redundant land record data silos worldwide.” The thing we know for sure—his Good Time was worth a bell-ringer!

❖ **Elizabeth & Steve Suzuki** recently visited friends up in



► New members **Linda Dold** and **Jacek “Jack” Sochan** are flanked by President **Kim** and their sponsor, **John Poulson**, following their induction today. Learn more about them on page 3. (Photo by Tom)

★ GOOD TIMES (Cont'd)

Folsom and enjoyed dinner sitting outside where it was warm but not hot.

YUMMY DINNER, ETC.

❖ Reports are in—dinner at Jonathon's Place in San Rafael last week was a hit. With Head Chef **Doug Scherf** weaving his magic with the chicken, potato and asparagus menu, and with the help of President **Kim**, Community Service Guru **Jane Hall**, Jane's daughter **Sue** and her grandson **Luke**, and **Jim Iavarone**, how could it be otherwise. Good show, guys!

❖ More activities ahead:

❖ Volunteer at Marin Food Bank August 23, 9-11.

❖ Rotaplast Bocce Ball Tournament & BBQ, Aug. 24th 9-3.

❖ Mill Valley 125 Year Celebration Parade, Sept. 1st

❖ Fall Arts Festival Hot Doggery Booth, Sept. 20 & 21. Have fun, Mill Valley Rotarians!



► Larry Davis checks in while John adds another 30 bucks to the lunch till. (Photo by Tom).



► Signed up for duty at next month's Hot Doggery yet? With your help, The Fall Arts Festival booth will be the source of funds to be plowed back into the community in the year ahead. Head Hot Dog Elizabeth Suzuki wants to hear from you: esuzuki54@gmail.com

★ EREY CAMPAIGN

❖ The Every Rotarian Every Year (EREY) fundraising campaign is underway. Mill Valley Rotarians have received letters with handy return envelopes from Foundation Co-Chair **Phil Richardson** who

is hoping for a 100% positive response from members.

Phil notes that this year District 5150 is offering an extra incentive in the form of matching funds toward a Paul Harris Fellowship award for non-Paul Harris Fellows. Contributions up

2025-2026 TRF HONOR ROLL

◆ Foundation Co-Chairs Greg Dyer and Phil Richardson are pleased to report the following Mill Valley Rotarians have contributed to the 2025-2026 Every Rotarian Every Year (EREY) Rotary Foundation Drive. Won't you join them?

Bob Canepa
John Carmichael
Greg Dyer
Jim Iavarone

Kim Jessup
Ed Marshall
Tom McKlveen
Stephanie Ricardo

Doug Scherf
Dick Spotswood
Burnett Tregoning



to \$250 will qualify for the match. Another incentive is the traditional raffle, which will offer Visa gift cards totaling \$6,700.

★ MORE BELL-RINGERS!

❖ Sorry, we missed two bell-ringers that were presented at the club's August 5 meeting. According to Foundation Co-Chair **Greg Dyer**, he received a bell-ringer from **Jim Iavarone** who had just returned from the East Coast after celebrating the birth of twin granddaughters, and another from **Burnett Tregoning** who was celebrating the fact that he was brave (or foolish) enough to strip down to his infamous 4th of July tie-die T-shirt. Greg says, Keep those bell-ringers coming!

★ WELCOME, LINDA & JACK

❖ A special event at today's meeting was the induction of **Jacek "Jack" Sochan** and **Linda Dold** into membership. Their sponsor **John Poulson** introduced the two new members to the club.

A native of the Upper Silesia region of southern Poland, Jack came to the United States in 1994.



► Today's speaker, Dr. Sarah Allen, gets a royal greeting from you know who! (Photo by Tom)

He holds a double masters degree in Geology, Geophysics, Geochemistry, Environmental Protection and Geological Engineering from the University of Mining and Metallurgy in Krakow, Poland.

Linda Dold is an aquatic specialist and somatic therapist. She is the co-founder of Palliative Aquatics, a gentle, therapeutic program designed to meet the needs adults and children with life-limiting and life shortening illnesses.

Welcome to Mill Valley Rotary, Jack and Linda!

★ PROGRAM

❖ Our thanks to **Dr. Sarah Allen** who shared her experience in ecology and wildlife management while working with the National Park Service for 26 years, including 15 years at Point Reyes National Seashore.



2025-2026
PolioPlus Society
MV Membership Roster
(Join Today—Pledge \$100 per year to Polio Plus)

Lisán Campbell
Greg Dyer
Jim Iavarone
Kim Jessup
Ed Marshall
Stephanie Ricardo
Doug Scherf
Dick Spotswood
Michelle Terrell
Burnett Tregoning

CLUB ANNIVERSARIES

Russell Burbank 8/13/12

Kathleen Delehanty 8/15/23

Kimberly Jessup 8/24/04

Bernard Link 8/25/23



AUGUST BIRTHDAYS

John Poulson 8/4

Frank Leidman 8/9

Bob Roberts 8/13

Vincent Howes 8/19

Bernard Link 8/21

James Iavarone 8/30



NO MEETING SEPT. 2

Next: Creating Housing Local Workers Can Afford

September 16: Kyle Hughes will present *An Approach to Creating Housing that our Local Workers Can Afford for Generations to Come.* Mill Valley, like all municipalities in California, faces unprecedented challenges and regulatory requirements to affirmatively further fair housing.



We also face unique challenges, including topography, climate change impacts, and the fact that 93% of our land is already built upon. While the opportunity to build significant new housing stock in Mill Valley is limited, the opportunity to preserve both single-family and multi-family housing is considerable. That is where the Mt. Tam Community Land Trust (Mt. Tam CLT) comes in. Dedicated to identifying, acquiring, and preserving properties for residents of all income levels, they are a diverse group of highly skilled volunteers dedicated to a key community mission. Properties that the trust acquires stay in the trust in perpetuity. By insuring the vibrance and strength that a community can only hold when it takes care of those that take care of it, Mt. Tam CLT has its sights set on building a portfolio not only for today, but for generations to come.

BRING A FRIEND

POLIO JAR 2025–2026

GOAL
\$1,000

TOTAL
\$ 136.40

SERVICE FUND (GEO. HOYLE) 2025-2026

GOAL
\$7,750.00

TOTAL
\$200.00

ROTARY FOUNDATION 2025-2026

GOAL
\$7,750.00

TOTAL
\$1,325.00

ROTARY CLUB OF MILL VALLEY—OFFICERS & DIRECTORS 2025-2026

President: Kimberly Jessup
Past President: Ed Marshall
Secretary: Lisán Campbell
Treasurer: John Carmichael
Service Fund (Ex Officio): Lee Kirkpatrick
International Service: Rita Sedano-Garcia
Community Service: Jane Hall &
Joan Steidinger
Fellowship: Elizabeth Suzuki
Membership: Bernard Link
Foundation Chairs: Greg Dyer &
Phil Richardson
Public Relations: Denise Acain
Youth Service: Emily Uhlhorn
Member at Large: Michelle Terrell

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Website Staff
Robin Keller, Webmaster

The Mill Wheel Staff
Managing Editor: Burnett Tregoning
Reporters: Tom McKlveen; Burnett Tregoning

Today's Photographer: Tom McKlveen

Reporting Today: Burnett Tregoning

Program Committee: Bob Canepa & Elizabeth Suzuki

