



THE MILL WHEEL

UNITE
FOR
GOOD

Rotary Club of Mill Valley
Founded June 7, 1926 • Club # 393
July 15, 2025 • Volume 99, Issue #03
<http://millvalleyrotary.org>
District Website: www.rotary5150.org
Rotary International: www.rotary.org



★ GREETER

❖ **Keith Papulias** greeted members and guests today. His Thought for the Day: *Don't take life too seriously!* Sounds like Keith, doesn't it?!

★ PRESIDER

❖ Filling in for President **Kim**, who is home recuperating from a bout with Covid, was PP **Lee Kirkpatrick**.

★ VISITORS

❖ Three today—**Steve Suzuki**, partner to PP **Elizabeth Suzuki**, Mill Valley civic activist **Joan Murray** who came to tell us all about plans for the upcoming city

The Four-Way Test

Is it the TRUTH?

Is it FAIR to all concerned?

Will it build GOODWILL and BETTER FRIENDSHIPS?

Will it be BENEFICIAL to all concerned?



Labor Day celebration, and Mill Valley School District president **Sharon Nakatani**.

★ CELEBRATIONS

❖ *Birthdays*—**Margareth Tanner** (7/25) and Immediate PP **Ed Marshall** (7/27) were saluted

with a semi-rousing version of the Happy Birthday Song led by PP **Doug Scherf**.

❖ *Club Anniversary*—**Larry Davis** (7/7/92) was congratulated and thanked for his 33 years of service to Mill Valley and the world through Rotary. Way to go, Larry!

★ GOOD TIMES

❖ **Kent Campbell, Jim Iavarone, Frank Leidman** and their dogs negotiated a three mile round-trip hike on the Camino Alto Open Space on Sunday, July 6. Next Gentleman's Hike is scheduled for 9:00 a.m. Sunday, August 3. You'll be receiving a reminder from Kent prior to the event. Join the fun!



► At the head table: From left, Sharon Nakatani, Program Chair Bob Canepa, today's speaker Mark Soltau, Mark's wife Valerie and Mill Valley civic leader Joan Murray. (Photo by Ed Marshall)

★ GOOD TIMES (Cont'd)

❖ Past President **Elizabeth Suzuki** recently returned from a trip to Seattle where she visited with her son **Nick** and enjoyed some “gorgeous weather.”



❖ PP **Burnett Tregoning** celebrated the 4th of July holiday with family at the family cabin on the Noyo River in Mendocino County. In the photo above he exhibits the results of a special tie-dye crafts session. He has promised to wear it next meeting in an effort to impress the new District Governor!

❖ **Joan Steidinger's** Good Time took her to Oregon where she competed in a benefit foot race at Lake Oswego. It's been a while since she has competed in one of these events, Joan notes, but after



► Getting a close-up view of the Angel Island Immigration Station last Saturday, July 12, were 10 MV Rotarians and friends. Group leader John Carmichael reports that the informative trip was the first to Angel Island by many participants. At right, they pose in front of the bell that announced the arrival of a ship carrying new immigrants.



some putting in some serious training time, she managed to stroll across the finish line. Congratulations, Joan!

❖ **John Carmichael** had a Good Time last Saturday leading a group of Rotarians and their

friends on an outing to Angel Island where they toured the Immigration Station. John noted that this was the first trip to Angel Island for most participants despite the fact that they lived several miles away for so many

2024-2025 TRF HONOR ROLL

◆ Foundation Chairs **Greg Dyer** and **Phil Richardson** are pleased to report the following Mill Valley Rotarians have contributed to the 2024-20245 Every Rotarian Every Year (EREY) Rotary Foundation Drive.

Russ Burbank
Kent Campbell
Lisán Campbell
Bob Canepa
John Carmichael
John Christman
Kathleen Delehanty
Greg Dyer
Jane Hall
Howard Harker
Don Herzog

Jim Iavarone
Kimberly Jessup
Caroline Joachim
Lew Katcher
Robin Keller
Lee Kirkpatrick
Bernard Link
Carl Lippenberger
Ed Marshall
Peter Mason
Tom McKlveen

Steve Miller
Stephanie Ricardo
Phil Richardson
Bob Roberts
Doug Scherf
Dick Spotswood
Elizabeth Suzuki
Michelle Terrell
Burnett Tregoning
Annette Venables



Rotary



★ GOOD TIMES (Cont'd)

years. The Angel Island detainees considered their quarters as a "place of sadness and tears" as evidenced by the hundreds of poems carved into the walls, John reported.

❖ President **Kim Jessup, Jane Hall, Stephanie Ricardo, Steve Bajor** and **Caroline Joachim** combined cooking skills July 9 to prepare and serve dinner for 50 residents at Jonathon's Place, the San Rafael year-round emergency shelter operated by Homeward Bound. Next dinner date is August 13. Call Kim or Jane to volunteer.

★ SAD NEWS

❖ Our heartfelt thoughts and prayers go to Mill Valley Rotarian **Lew Katcher**, whose wife **Peggy** has passed away.

★ LABOR DAY BASH

❖ Guest **Joan Murray** filled us in on plans afoot to celebrate Mill Valley's 125th anniversary celebration. They include a community sing with **Rita**



► **Foundation co-chair Greg Dyer makes a pitch for Polio Plus while acknowledging recent Foundation contributors, all bell-ringers: Dick Spotswood; Stephanie Ricardo; Himself; Tom McKlveen (2) Jane Hall; and Burnett Tregoning. (Photo by Ed Marshall)**

Abrams and a historically themed parade led by the Cal band. Rotary Club of Mill Valley celebrates its 100th year early in 2026 and will have a large presence in the Labor Day celebration. President **Kim, Elizabeth Suzuki, Bob Canepa, Michelle Terrell, Dick Spotswood, and Caroline Joachim.** Check in with any of them if you'd like to help.

★ PROGRAM

❖ Sportswriter **Mark Soltau** shared his most unique and interesting first-person experiences during a 50-year career writing about sports, much to the delight of everybody attending today. A fun program!



**2025-2026
PolioPlus Society
MV Membership Roster
(Join Today—Pledge \$100 per year to Polio Plus)**

**Lisán Campbell
Greg Dyer
Jane Hall
Ed Marshall
Mel Matsumoto
Stephanie Ricardo
Phil Richardson
Doug Scherf
Dick Spotswood
Elizabeth Suzuki
Michelle Terrell
Burnett Tregoning**

CLUB ANNIVERSARIES

Denise Acain 7/16/24

Larry Davis 7/7/92

James Iavarone 7/11/23



JULY BIRTHDAYS

Kent Campbell 7/5

Howard Harker 7/14

Tom McKlveen 7/22

Margareth Tanner 7/25

Ed Marshall 7/27



NEXT: A Visit by the New District Governor

August 5: New District Governor **Mitone Griffiths** will visit. Since joining the Rotary Club of Half Moon Bay in 2005, Mitone has served as club president in 2013-14, Assistant Governor from 2017 to 2019, District Chief of Staff 2019-2020, District Membership Chair 2021-2024 in addition to serving on various other district level committees. Effective July 1st, Mitone serves as the 2025-2026 District Governor for San Mateo, San Francisco and Marin counties. In addition to her work with Rotary, Mitone serves as a ShelterBoxUSA Ambassador to raise awareness and rally support for emergency shelter for those affected by natural disasters and conflict. Mitone's favorite projects include gardening for home-bound seniors and beach clean ups. She has traveled to India for a Polio immunization campaign. She looks forward to joining other international projects specifically supporting women and children, micro-credit programs and bringing clean water to communities. This meeting offers a wonderful opportunity to meet our new DG and hear her plans for the upcoming Rotary year.



BRING A FRIEND

POLIO JAR 2025-2026

GOAL
\$1,000

TOTAL
\$ 81.40

SERVICE FUND (GEO. HOYLE) 2025-2026

GOAL
\$?

TOTAL
\$100.00

ROTARY FOUNDATION 2025-2026

GOAL
\$7,750.00

TOTAL
\$600.00

ROTARY CLUB OF MILL VALLEY—OFFICERS & DIRECTORS 2025-2026

President: Kimberly Jessup
Past President: Ed Marshall
Secretary: Lisán Campbell
Treasurer: John Carmichael
Service Fund (Ex Officio): Lee Kirkpatrick
International Service: Rita Sedano-Garcia
Community Service: Jane Hall & Joan Steidinger
Fellowship: Elizabeth Suzuki
Membership: Bernard Link
Foundation Chairs: Greg Dyer & Phil Richardson
Public Relations: Denise Acain
Youth Service: Emily Uhlhorn
Member at Large: Michelle Terrell

Committees
FireWise: Richard Rider
Website Staff
 Robin Keller, Webmaster

The Mill Wheel Staff
Managing Editor: Burnett Tregoning
Reporters: Tom McKlveen; Burnett Tregoning

Today's Photographer: Ed Marshall
Reporting Today: Burnett Tregoning

Program Committee: Bob Canepa & Elizabeth Suzuki

