



THE MILL WHEEL



Rotary Club of Mill Valley
Founded June 7, 1926 • "Service Above Self"
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<http://millvalleyrotary.org>
District Website: www.rotary5150.org
Rotary International: www.rotary.org



GREETER

❖ PP Lisán Campbell welcomed members and guests today. Her Thoughts for the Day came from that famous presidential couple **Franklin and Eleanor Roosevelt**:

❖ *The test of our progress is not whether we add more to the*

abundance of those who have much; it is whether we provide for those who have too little—Franklin Delano Roosevelt

❖ *We do not have to become heroes overnight. Just a step at a time, meeting each thing that comes up, seeing it as not as dreadful as it appears, discovering that we have the strength to stare it down—Eleanor Roosevelt.*



PRESIDER

❖ **President Kim Jessup** behind the podium and armed with her hammer, hoping to celebrate many bell-ringers during Good Times.



The Four-Way Test

- Is it the **TRUTH**?
- Is it **FAIR** to all concerned?
- Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
- Will it be **BENEFICIAL** to all concerned?

VISITORS

❖ Another big batch joined us today: **Hunter Moore** and **Denise Acain** from The Redwoods Retirement Center; **Paul Fordham** of Homeward Bound of Marin; Mill Valley City Council Member **Caroline Joachim**; **Marilyn Jackson**, Executive Director of First Base Foundation; and the crew from the Salvation Army—Capt. **Mark Stearns**, Major **Darren Norton** and our speaker, **Steve Adami**.

THANK YOU, MV ROTARY

❖ As we move closer to the end of the 2023-24 club year, it is time for grants to be issued by the Service Fund. Personally thanking

the club for their grants were **Hunter Moore** of The Redwoods (\$10,000 in support of the resident's bus); **Paul Fordham** of Homeward Bound (\$900); and **Marilyn Jackson** of the First Base Foundation (\$1,000).

ANNOUNCEMENTS

❖ It's Official. The Rotary Club of Mill Valley will be present at this year's 3rd Annual Mill Valley Music Festival. We will have a booth where we can share and inform the public who we are and



► MV Rotarians Peter Mason and Steve Miller super-smiled for Tom McKlveen's camera.

Mt. Play Booth
will be open for
business!

KINKY BOOTS!
JUNE 2, 8, 9, 16

Check your calendar
and be ready to
sign up soon

ANNOUNCEMENTS (Cont'd)

what we do. According to PP **Ken Brooks**, this can lead to increased membership and greater visibility in our town. The time and days are: noon-7:00, May 11 and 12. Please email Ken Brooks or **Dick Spotswood** of your availability on either or both of those days. So far, **Ken, Dick, Phil** and **Jane** have volunteered. It's going to be a great Mill Valley and Rotary Club weekend!

❖ *Annual District 5150 Assembly and Project Fair* will be held at Redwood High School in Larkspur on Saturday, March 23. Several Mill Valley Rotarians will attend, including President Elect **Ed Marshall**, who will receive his official 2024-25 Rotary banner and move ever closer to being a mainstay behind our club podium. Our Peru Project is scheduled to be a feature of the Project Fair.

❖ Don't forget the upcoming club socials: March 26 at **Annette Venables's** home; April 30 at the **Campbells**; and May 28 at **Phil Richardson's** house. These MV Rotarians will host a get-together on those dates from 5:30 to 7:30 where we will have the opportunity enjoy each other's company while sipping wine, beer or water and munching heavy appetizers.



Photo By: Gary Ferber

► **Official Portrait**—Mill Valley Rotarians who attended the March 5 meeting and stayed after the closing bell to get their picture taken pose for Marin Master Photographer Gary Ferber. Sprinkled here and there are visitors, mostly from City Hall. (Photo by Gary) Shown below are scenes from today's meeting: Left, Past Presidents **Dick Spotswood** and **Ken Brooks** enjoy their lunch while visitors from the Redwoods Retirement Center, **Hunter Moore** and **Denise Acain**, pose for the camera. (Photos by Tom McKlveen)



Doing Good in the World with THE ROTARY FOUNDATION



GOOD TIMES

❖ Leading off Good Times today was PP **Lee Kirkpatrick**, who described a scary time involving his wife, **Margo**. She went to see her doctor to determine why she was having headaches following a recent fall only to discover she had a small blockage in her brain—a stroke. She's fine now, Lee says, and the good thing is that they now can be on their guard for the future. A bell-ringer!

❖ **Phil and Barbara Richardson** recently spent time in Maui,

SAVE THE DATE:

JUNE 18, 2024

**INSTALLATION
DINNER**

MV Golf Clubhouse

Hawaii, staying in a hotel a stone's throw from PP **Greg Dyer's** Hawaiian digs. Another bell-ringer!

❖ **Tom McKlveen's** Good Time trip was a little shorter—from his

Mill Valley home to the Mill Valley Library where he participated in an evening of storytelling at the library's Naked Truth program. He noted what a wonderful library we have and urged Rotarians to take advantage of all that it has to offer.

❖ No wonder we haven't seen **Steve Miller** around for a while. He and **Judith** have been traveling, including visits to Mexico, Viet Nam, Cambodia, Thailand and Hawaii. We may have missed some, but we do



► Above left: PP Lee Kirkpatrick details his "Good Time." At right, guests Caroline Joachim, MV City Councilmember, 2nd from left, and Marilyn Jackson, Executive Director of First Base Foundation, enjoy lunch with Bernard Link and PP Doug Scherf. (Photos by Tom McKlveen)

CLUB ANNIVERSARIES



Rita Sedano-Garcia 3/2/20

Howard Harker 3/12/02

Vince Howes 3/18/86

Tom McKlveen 3/18/14

Phil Richardson 3/18/08

John Christman 3/20/18

MARCH BIRTHDAYS

Steve Bajor 3/10

Dick Spotswood 3/25



GOOD TIMES (Cont'd)

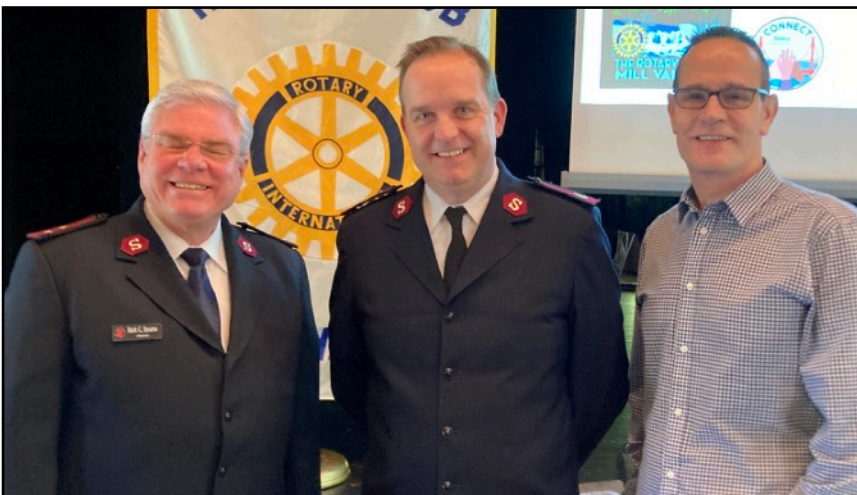
know that this was another bell-ringer!

❖ **President Kim**—looking for still another bell-ringer—offered a memorial Good Time for two people important in her life: her late father **Richard “Dick”**

Jessup who would have celebrated his birthday on the 25th of this month (Dick was a long-time member of the Rotary Club of Mill Valley and served as president in 2003-2004) and the late **Kit Everett**, a family friend who almost lived to be 100.

PROGRAM

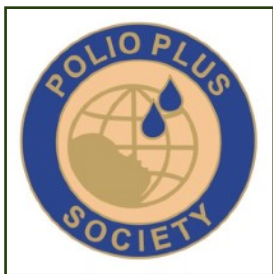
❖ Another wonderful offering by the Mill Valley Rotary Program Committee. This time we heard from **Steve Adami**, Executive Director of the The Way Out, a Salvation Army recovery-focused



► The Salvation Army delegation poses for the Mill Wheel camera—(from left) Capt. Mark Stearns, Major Darren Norton, and today's speaker, Steve Adami. (Photo by Tom McKlveen)

homeless initiative designed to restore lives and inspire change through a recovery system of care. Services include treatment on demand, residential treatment, therapeutic communities,

recovery focused transitional housing, life skills, career development, independent living, and aftercare for life. Our thanks to Steve and the Salvation Army crew for this special program.



2023-2024 PolioPlus Society MV Membership Roster

Lisán Campbell
Greg Dyer
Ed Marshall
Mel Matsumoto
Phil Richardson
Dick Spotswood
Elizabeth Suzuki
Burnett Tregoning

2023-2024 TRF HONOR ROLL

◆ Foundation Chair Greg Dyer salutes the following members who have donated during the 2023-2024 Every Rotarian Every Year (EREY) Rotary Foundation Drive. Wouldn't you like to join them?

RUSS BURBANK
KENT CAMPBELL
LISAN CAMPBELL
BOB CANEPA
JOHN CARMICHAEL
JOHN CHRISTMAN
GREG DYER
JANE HALL
DON HERZOG
VINCE HOWES
JIM IAVARONE
KIM JESSUP
LEW KATCHER
ROBERTA KELLER

LEE KIRKPATRICK
BERNARD LINK
CARL LIPPENBERGER
ED MARSHALL
TOM MCKLVEEN
STEPHANIE RICARDO
PHIL RICHARDSON
RICHARD RIDER
BOB ROBERTS
DOUG SCHERF
DICK SPOTSWOOD
ELIZABETH SUZUKI
BURNETT TREGONING
ANNETTE VENABLES

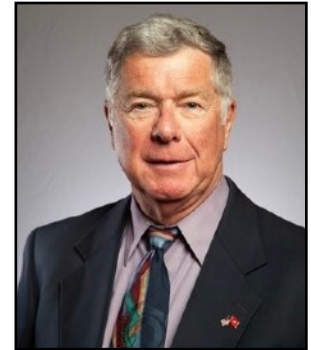


Rotary



Next Meeting: *Ukraine—Past, Present & Future*

April 2: Retired Marine Colonel **Brendan Kearney** will present "*Ukraine: Where Have We Been; Where We Are; and Where Are We Going?*" Col. Kearney will focus on the historical context of the current conflict, with particular emphasis on the dramatic change of events from the overwhelming success of the 2014 Russian invasion to the military disaster encountered by Russia subsequent to the 2022 invasion. **BRING A FRIEND!**



TOOT OUR HORN AT THE MILL VALLEY MUSIC FESTIVAL

★ Here's your chance to score some points for the Rotary Club of Mill Valley. PP Ken Brooks is looking for volunteers to man the special booth being provided by the organizers of the upcoming Mill Valley Music Festival. The booth will be open from noon to 7 p.m. on May 11 and 12. Contact Ken or Dick Spotswood to sign up for duty. Should be fun and a great way for us to tell the Mill Valley Rotary story to festival attendees.

POLIO JAR 2023–2024

GOAL:
\$1,000

TOTAL
\$441.00

SERVICE FUND (GEO. HOYLE) 2023-2024

GOAL:
\$10,000

TOTAL
\$6,070.00

ROTARY FOUNDATION 2023-2024

GOAL:
\$7,000

TOTAL
\$6,730.00

ROTARY CLUB OF MILL VALLEY—OFFICERS & DIRECTORS 2023-2024

President: Kimberly Jessup
Past President: John Christman
Secretary: Lisán Campbell
Treasurer: John Carmichael
Service Fund (Ex Officio): Lee Kirkpatrick
International Service: Rita Sedano-Garcia
Community Service: Jane Hall
Fellowship: Elizabeth Suzuki
Membership: Doug Scherf
Foundation Chairs: Greg Dyer & Phil Richardson
Public Relations: Dick Spotswood & Ken Brooks
Youth Service: Emily Uhlhorn

Committees
FireWise: Richard Rider

Website Staff
John Christman, Webmaster
Robin Keller

The Mill Wheel Staff
Managing Editor: Burnett Tregoning
Reporters: Margareth Tanner; Tom McKlveen;
Ed Marshall; Doug Scherf; Burnett Tregoning

Today's Photographer: Tom McKlveen
Reporting Today: Burnett Tregoning

Program Committee: Bob Canepa & Elizabeth Suzuki

